

# **VASUPUJYA DENTAL**

## **Post Op Instructions for General Anesthesia**

1. Please monitor your child throughout the day following surgery. Most likely your child will want to rest when you return home.
2. Please assist your child with walking to the car and to the bathroom. Usually children are drowsy following sedation and they will need your help getting around. This is very important because we want to prevent your child from tripping and falling.
3. To help your child to a speedy recovery it is important that he/she drink liquids throughout the day. When you return home you may start by giving small amounts of water or clear juices. You may begin giving your child food, when tolerated (i.e.: Jell-O, pudding, soup, mashed potatoes, ice cream). Eat soft food as needed, and return to normal diet as tolerated.
4. You give your child prescribed medications every when you return home. This will help reduce the soreness, discomfort, and possible swelling following the treatment.
5. If your child had local anesthetic (numbing), please watch your child closely to prevent him/her from sucking, pinching, or biting his/her lips, cheeks, and tongue. The numbness usually goes away within 1-2 hours.
6. Please begin brushing the next day of the surgery. This is important because if the teeth and gums are clean and free of plaque and food the gums will heal within 10 to 14 days. Clean teeth and gums will prevent additional pain and discomfort.
7. If your child received any stainless steel crowns his/her gums will be especially sore, because they fit below the gums. You may notice black numbers on the crowns. You will brush the numbers off in 2-3 days if you are brushing adequately. The crowns should appear shiny when they are clean. The crown will fall out with the baby tooth when the new permanent/adult tooth comes in.

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8. If your child had some teeth removed it is important to avoid spitting, or using a straw for 24 hours. If the area begins to bleed again then have your child bite down on gauze for 5-10 minutes and the pressure will stop the bleeding. Continue foods as tolerated and keep the area clean for faster healing.
9. Avoid having hard and sticky food for next few days.
10. The doctor will be calling you the next day of the treatment to check on your child.